

(Clayton Bolt – Under 14, Loveday Under 18, Westminster Over 18)
1st/2nd July at Europa Gymnastics Centre, Vimy Way, Crayford, Kent, DA1 4ND

On Friday & Saturday morning seats are un-numbered; on Saturday afternoon, please sit in your allocated seat numbers only. Please note that gymnasts will only gain free entrance to the event during their competition. If they wish to watch a different competition they will need to purchase a spectator ticket.



Limited Parking Available - please car share where possible & see overleaf for how to get to the venue.



Please remain seated whilst the gymnasts are competing, use bins provided and keep spare seats clear of bags/coats etc.



Strictly NO SPECTATORS on the Field of Play (Competition Floor) at any time. Please follow the instructions of the marshalls.



Flash Photography may not be used during Warm Up or Competition. British Gymnastics photography rules apply.



Cafe Food, Drinks and Outdoor Barbecue available. Keep your event wristband on to regain entry.

Live scoring: <http://www.gymdata.co.uk>

Additional tickets: <http://bit.ly/MLO2016Tickets>

Hotel info (and timings when available): <http://bit.ly/MLO2016>

#MLO2016





The Westmeria & Gymnova Men's London Open 2016

The Europa Gymnastics Centre, Vimy Way, Crayford, Kent, DA1 4ND

There is limited Car Parking within the venue, so **please car share where possible**. There will be no available parking for Coaches; drivers will need to allow passengers to alight & park separately. **Do not** park in the adjoining Housing Estate as you will receive a Penalty Notice.

By Car: Easy access from the M25 and A2 we are located on the boarder of Crayford and Dartford.

By car from Dartford Town Centre: Following signs to Crayford proceed up West Hill to first roundabout and onto Dartford Rd, Carry on towards Crayford and Just before the next Roundabout Turn right at Maiden Lane, proceed down the hill and under the bridge just after the bridge you will notice to the left a new housing estate (Vickers Green) and behind it The Europa Centre.

By Car from A2 Coast bound: Follow signs for Dartford heath A2018, at the end of the slip road from the A2 take the first exit onto Shepherds Lane*

By Car from A2 London bound: Take the 3rd exit onto Shepherds lane*

*Go over the first roundabout and proceed along Shepherds Lane at the traffic lights turn left onto Princes Rd, at the end of Princes Rd take the 2nd exit on the roundabout onto Dartford Rd, then 150 yards down take the first left (Maiden Lane) Go under the bridge you will notice to the left a new housing estate (Vickers Green) and behind it The Europa Centre.

By Car from M25 Clockwise: Immediately after the Dartford Toll Crossing (link to crossing charge) exit M25 at junction 1a, keep left on slip road and at the roundabout take the first exit left and proceed back over the M25. At the next roundabout take the second exit *

By Car from M25 Anti-Clockwise: Immediately before the Dartford Crossing take junction 1a, keep left*
*Proceed along University Way (A206) go across 2 roundabouts. At the end of University Way keep right and take the 2nd exit onto Thames Rd, at the first roundabout take the first left and onto Crayford Way, Proceed along Crayford Way and at the first mini roundabout take the first exit into Maiden Lane, we are located on the right approx. 400 yards down.

By Rail: There are regular over ground services to Crayford station from Charing Cross, London Bridge, Cannon Street, Waterloo East and Dartford. On exiting Crayford station proceed towards station road. Turn left down Station road. When you get to the roundabout (McDonalds) turn right onto Dartford road. Cross over at the crossing. There is no underground station nearby.

By DLR: Take DLR to Woolwich and catch the 96 bus to Dartford, alight at Dartford Rd (Maiden lane stop). Turn left after alighting and take the first right down Maiden Lane. Go under the single lane bridge, you will notice to the left a new housing estate (Vickers Green) and behind it The Europa Centre.

By Bus: No. 96 regular Woolwich-Bluewater (12-13 mins) & No. 428 regular Erith-Bluewater (30 mins).

By Bicycle: Crayford Way is a designated signed cycle route. Follow as per directions from Dartford.



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